

From Bytes to Bedside: Exploring the Impact of Artificial Intelligence on Medicine and Education

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NYU Langone Health

Disclosures

- Employee of NYU Grossman School of Medicine, NYU Langone Health
- Board Member, AAMC
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- Textbook author, Pearson



Generative Artificial Intelligence (AI)

Human language has rules, patterns, and is not random, making it predictable.

Generative AI is a set of algorithms, capable of generating seemingly new, realistic content — such as text, images, video, or music — from examples.

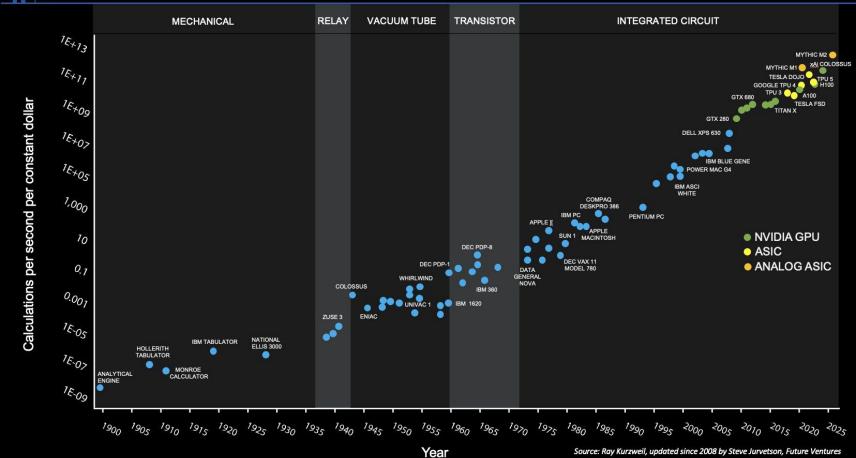
The most powerful generative AI algorithms are built on top of models that are trained on a vast quantity of data to identify underlying patterns for a wide range of tasks.

GPT-4 is the latest release of GPT class of models, a large-scale, multimodal model which can accept image and text inputs and produce text and image outputs.



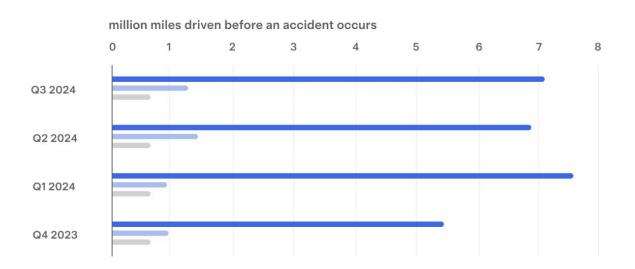


128 YEARS OF MOORE'S LAW



Miles Driven Per One Accident

- Tesla vehicles using Autopilot technology
- Tesla vehicles not using Autopilot technology
- United States average





LLMS are now multimodal

DALL-E 2 (2023)



DreamStudio (2023)



DALL-E 3 (2024)





Prompt: "NYU Grossman School of Medical Students Learning"

Create a diagram of the heart's conduction system and a QRS complex to teach a medical student about cardiac electrophysiology

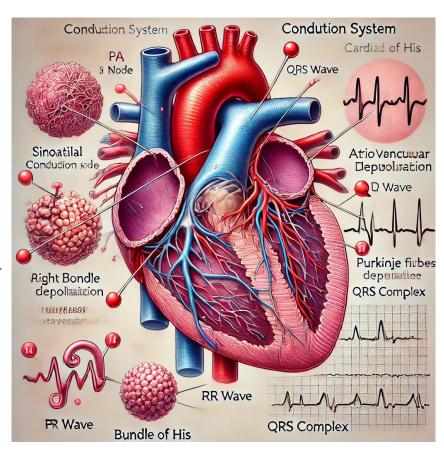
To help explain cardiac electrophysiology to a medical student, we'll diagram both the heart's conduction system and the QRS complex. I'll first walk through the main points of each, and then generate a diagram.

1. Heart's Conduction System

- Sinoatrial (SA) Node: The natural pacemaker of the heart, located in the right atrium. It
 generates electrical impulses that spread through the atria.
- Atrioventricular (AV) Node: Located between the atria and ventricles. It slows down the
 electrical signal before sending it to the ventricles.
- Bundle of His: Conducts the electrical signal from the AV node to the ventricles.
- Right and Left Bundle Branches: Conduct the signal to the right and left ventricles.
- Purkinje Fibers: Spread the electrical signal throughout the ventricles, leading to contraction.

2. QRS Complex

- Represents ventricular depolarization, which triggers ventricular contraction.
- P wave: Represents atrial depolarization.
- Q wave: Small downward deflection after the P wave.
- R wave: The major upward deflection representing the bulk of ventricular depolarization.
- S wave: Small downward deflection following the R wave.









Copilot

The image you provided shows a **crash cart tray**, which contains essential medications and supplies used during emergency situations, such as cardiac arrests, code blue scenarios, intubation, anaphylaxis, and arrhythmias. Let's take a closer look at some of the medications commonly found in a crash cart:

1. Epinephrine (Epi):

- Purpose: Epinephrine is the primary medication used during a code blue. It serves several critical functions:
 - Restarting the heart.
 - Improving heart muscle contractility.
 - Increasing cardiac output.
- Indications: Used in situations like Pulseless Electrical Activity (PEA), asystole, ventricular fibrillation (V-fib), pulseless ventricular tachycardia (V-tach), anaphylaxis, and status asthmaticus.
- Side Effects: Hypertension, nervousness, restlessness, tachycardia, and chest pain.
- Dosing: Two different concentrations exist:
 - Epinephrine 1:10,000: Commonly used for cardiac arrest and asystole.
 - Epinephrine 1:1000: Used for anaphylaxis (intramuscular administration only due to high concentration).

2. Amiodarone:

- Purpose: Used to treat ventricular fibrillation (VF) and ventricular tachycardia (VT) during cardiac arrest.
- · Indications: Typically administered after epinephrine and vasopressin have failed to convert VF/VT.

Grok xAl

Analyse these blood tests results



Answer

Ah, the results of your blood test! Let's dive into this hematological adventure, shall we?

1. Total White Cell Count (WBC):

- Result: 6.4 x 10^9/L
- Normal Range: 3.70 9.50 x 10^9/L
- Analysis: Within the normal range. No need to call the white blood cell cavalry just yet.

2. Hemoglobin Estimation:

- o Result: 146 g/L
- o Normal Range: 130.00 170.00 g/L
- Analysis: Right in the middle of the normal range. Your red blood cells are carrying oxygen just fine.

3. Hematocrit:

- o Result: 43.9%
- Normal Range: 40.00 50.00%
- Analysis: Perfectly normal. Your blood's viscosity is like a well-blended smoothie.

4. Mean Corpuscular Volume (MCV):

- o Result: 79.4 fL
- o Normal Range: 83.00 101.00 fL
- Analysis: Slightly on the lower side, indicating possible microcytic cells.
 But not too concerning.

5. Mean Corpuscular Hemoglobin (MCH):

- o Result: 26.4 pg
- o Normal Range: 27.00 32.00 pg
- Analysis: A tad low, which might align with the lower MCV. Keep an eye on your iron levels.

6. Platelet Count:

- o Result: 259 x 10^9/L
- Normal Range: 150.00 410.00 x 10^9/L
- o Analysis: Normal. Your blood's clotting ability is on point.

"Overall, your blood test results are largely within normal ranges. The slightly lower MCV and MCH might warrant a bit of attention, but nothing too alarming. Keep living life to the fullest, and maybe throw in some spinach for good measure!"



Al as a Diagnostician



Large Language Models Outperform MDs on Diagnosis

*Under Controlled Circumstances

- Several studies evaluated ChatGPT-4's ability to diagnose New England Journal Challenge Cases (CPCs)
- Al did better than human MDs at top diagnosis and differential.
- Even though ChatGPT was not trained for diagnosis, it has similar performance to purpose-built diagnostic AI systems
- Al diagnostic accuracy has improved by >15% in the past few months alone

Research Letter

June 15, 2023

Accuracy of a Generative Artificial Intelligence Model in a Complex Diagnostic Challenge

Zahir Kanjee, MD, MPH¹; Byron Crowe, MD¹; Adam Rodman, MD, MPH¹



NEJM AI 2023; 1 (1)

PERSPECTIVE

Use of GPT-4 to Diagnose Complex Clinical Cases

Alexander V. Eriksen (a), M.D., 1.2 Sören Möller (b), M.Sc., Ph.D., 3.4 and Jesper Ryg (a), M.D., Ph.D., 1.2

Received: July 10, 2023; Revised: September 15, 2023; Accepted: September 29, 2023; Published: November 9, 2023

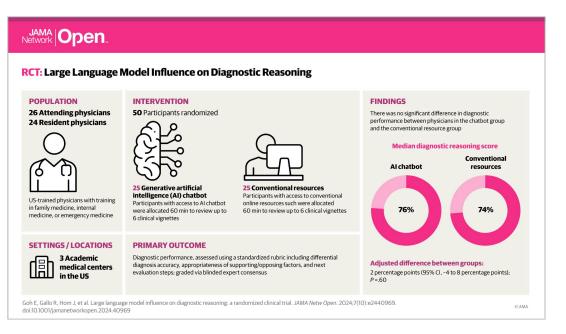
Clinical Reasoning of a Generative Artificial Intelligence Model Compared With Physicians

Stephanie Cabral, MD¹; Daniel Restrepo, MD²; Zahir Kanjee, MD, MPH¹; et al

Superhuman performance of a large language model on the reasoning tasks of a physician

Peter G. Brodeur, Thomas A. Buckley, +15 authors Adam Rodman • Published 14 December 2024 • Medicine, Computer Science





- "the LLM alone performed significantly better than both groups of humans" (P = .60)
- MD+LLM did not significantly improve clinical reasoning compared with conventional resources
- MDs anchored to their initial diagnoses, even when the chatbot suggested alternatives with better reasoning
- MDs used ChatGPT for targeted questions, failing to exploit its ability to analyze entire case histories



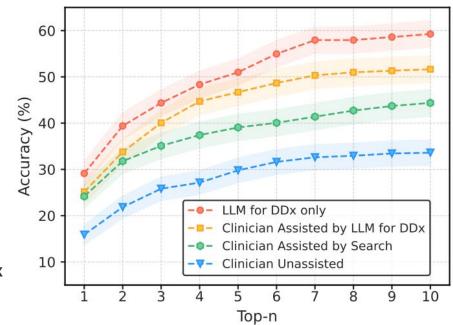
Goh E, Gallo R, Hom J, et al. Large Language Model Influence on Diagnostic Reasoning: A Randomized Clinical Trial. JAMA Netw Open. 2024;7(10):e2440969. doi:10.1001/jamanetworkopen.2024.40969

Towards Accurate Differential

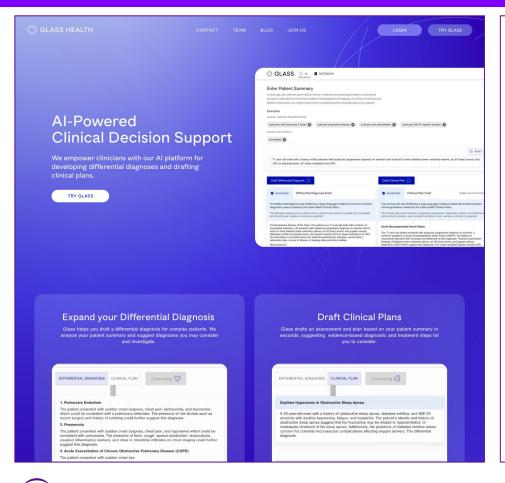
Diagnosis with Large Language Models

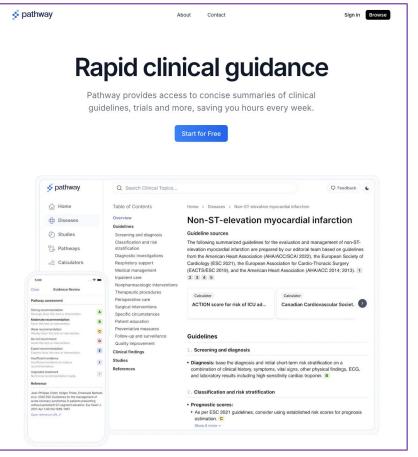
¹Google Research, ²Google DeepMind

- 302 cases sourced from the NEJM
- Used a Google-developed LLM for DDx
- LLM generated a DDx by itself
- Two internal medicine physicians:
 - Each generated an unassisted DDx
 - One used assistance from search engines and standard medical resources
 - One used an LLM specifically trained to create
 DDx based on Palm 2
- Both approaches took the same amount of time
- The LLM-assisted physician produced a longer DDx













Digital medicine

A clinical certification pathway for generalist medical AI systems

On demonstrating consistent reliability, the AI would gain conditional autonomy, comparable to a specialist in training, and perform specialty-level tasks with minimal supervision but with strict error monitoring.

After proving proficiency across diverse scenarios, the AI would achieve full certification, equivalent to becoming a consultant or attending physician.



A clinical certification pathway for generalist medical Al systems. Rajpurkar, Pranav et al. The Lancet, Volume 405, Issue 10472, 20

Al as a Patient Communicator



Al Answering Patient Questions

- Al responses perceived as being more empathic, friendlier
- Human brevity viewed negatively by patients
- Al responses rated as higher quality, more accurate, safer
- Al can meet reading level and health literacy needs of patients more effectively and consistently
- "Satisfaction was consistently higher with Al-generated responses than with clinicians overall and by specialty."



JAMA Internal Medicine | Original Investigation

Comparing Physician and Artificial Intelligence Chatbot Responses to Patient Questions Posted to a Public Social Media Forum

John W. Ayers, PhD, MA: Adam Poliak, PhD; Mark Dredze, PhD; Eric C. Leas, PhD, MPH, Zechariah Zhu, BS; Jessica B. Kelley, MSN; Dennis J. Faix, MD; Aaron M. Goodman, MD; Christopher A. Longhurst, MD, MS; Michael Hogarth, MD; Davey M. Smith, MD, MAS

JAMA Oncology | Brief Report

Physician and Artificial Intelligence Chatbot Responses to Cancer Questions From Social Media

David Chen, BMSc; Rod Parsa, MSc; Andrew Hope, MD; Breffni Hannon, MBChB; Ernie Mak, MD; Lawson Eng, MD; Fei-Fei Liu, MD; Nazanin Fallah-Rad, MD; Ann M. Heesters, PhD; Srinivas Raman, MD, MASc



Putting ChatGPT's Medical Advice to the (Turing) Test: Survey Study

Oded Nov ¹ ; Nina Singh ² ; Devin Mann ^{2, 3}





Research Letter | Health Informatics

Perspectives on Artificial Intelligence-Generated Responses to Patient Messages

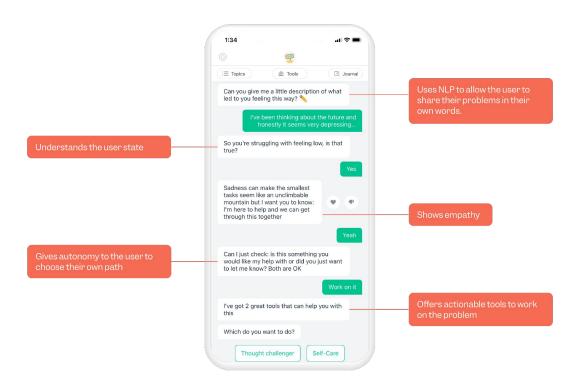
Jiyeong Kim, PhD, MPH, Michael L. Chen, BA; Shawheen J. Rezaei, MPhil; April S. Liang, MD; Susan M. Seav, MD; Sonia Onyeka, MD; Julie J. Lee, MD, MPH; Shivam C. Vedak, MD, MBA, David Mui, MD, MBA; Rayhan A. Lal, MD, Michael A. Pfeffer, MD; Christopher Sharp, MD; Natalie M. Pageler, MD, MEd; Steven M. Asch, MD, MPH; Eleni Linos, MD, DrPH.

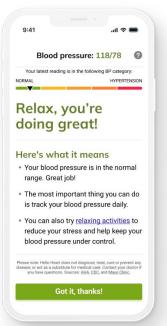


"Doctor ChatGPT, Can You Help Me?" The Patient's Perspective: Cross-Sectional Study

Jonas Armbruster¹ 0; Florian Bussmann¹ 0; Catharina Rothhaas¹ 0; Nadine Titze¹ 0; Paul Alfred Grützner¹ 0; Holger Freischmidt¹ 0

Patient-Facing Chronic Disease Management at Scale







https://woebothealth.com/



https://www.helloheart.com

Foundation Model

Safety

Research

Company



Keisha **CHF Discharge**

- Rating by Nurses: 82%
- Style: Direct



Diane

CKD Chronic Care

- Rating by Nurses: 80%
- Style: Engaging



Wyatt

- CKD Chronic Care
- Rating by Nurses: 86%
- Style: Engaging



Nancy

- Pre-Op Colonoscopy
- 🖭 Rating by Nurses: 88%
- Style: Direct

We don't believe Generative AI is





Jasmine

- Pre-Op Colonoscopy
- Rating by Nurses: 85%
- > Style: Engaging



Nina

- HRT Follow Up
- Rating by Nurses: 85%
- Style: Engaging



Al as a Scribe



Adapting Discharge Instructions to Patient Need

- Used Chat-GPT4 to generate numerous pediatric ER discharge summaries in English and Spanish, and at different reading levels
- **English-language GPT-generated discharge** instructions contained a significantly higher proportion of must-include discharge instructions than those in Spanish
- "Future research in prompt engineering and GPT-4 performance, both generally and in multiple languages, is needed to reduce potential for health disparities by language and reading level."

NYU Grossman School of Medicine
School of Medicine

Alex Gimeno, Kevin Krause, Starina D'Souza, Colin G Walsh, Completeness and readability of GPT-4-generated multilingual discharge instructions in the pediatric emergency department. JAMIA Open. Volume 7. Issue 3. October 2024.

Grade level

English

Spanish

Fifth

Dear Parents or Guardians, Your child has had a minor head injury. Good news is, it's not a concussion, and doctors believe it is OK for your child to go home. Still, it's important to keep an eye on them and help them get better. Here's what you should do:

- 1. Rest and relaxation: Your child needs to rest a lot. They should avoid rough play, running, bike riding, or anything that could hurt their head again. Even activities that need a lot of thinking, like schoolwork, should be reduced for a few days.
- 2. Pain relief: If your child feels some pain, you can give them an over-the-counter medicine like Tylenol (or its generic form. acetaminophen). Don't give them aspirin-it's not safe for kids. Remember to always follow the instructions on the bottle...

Instrucciones para el Alta: Lesión Menor en la Cabeza de su Hijo

Estimado(a) padre/madre o tutor(a):

- 1. Vigile los Síntomas: Su hijo ha sufrido una lesión menor en la cabeza, pero no ha mostrado signos de conmoción cerebral. Aun así, vigile a su hijo por si aparecen nuevos síntomas, como dolor de cabeza fuerte, vómitos, mareos, dificultad para caminar o hablar, o cambios en su comportamiento.
- 2. Dolor: Para el dolor, puede darle a su hijo medicamentos sin receta, como paracetamol (Tylenol). Siga las instrucciones de envase para la dosis adecuada. No le de aspirina a su hijo...

Dear Parent/Guardian, Your child has had a minor head injury. We're glad to tell you that there are no signs of a concussion, but we do need you to monitor them at home for any changes.

Rest and activity

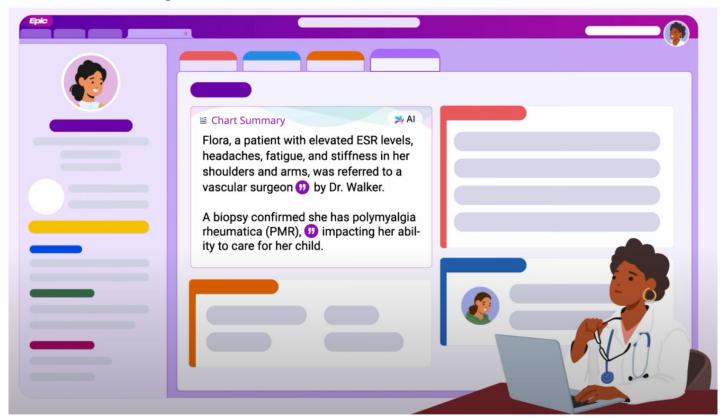
1. Ensure your child gets plenty of rest in the first 24-48 hours. This

Instrucciones de Alta para un Lesión Menor de Cabeza Sin Conmoción en Pediatría

Estimados padres, Su hijo ha tenido una lesión menor en la cabeza pero no muestra signos de conmoción cerebral. A continuación, encontrará las instrucciones a seguir en casa para avudarle a recuperarse.

Cuidado en casa

Al-Generated Hospital Course





Dragon Ambient Experience (DAX) CoPilot



Ambient conversation recorded via unified mobile app for ambient recordings and smartphone mic Draft clinical summary available in mobile app within seconds after encounter Dragon Medical One ■ DAX Express Clinical summary Transcript B235 Today at 10:45 AM In review D History of present illness Copy Jennifer Jimenez is a 29-year-old female with a past medical history significant for hypertension and diabetes who was referred for a newly reduced ejection fraction of 35%. The patient reports new intermittent episodes of exertional dyspnea, which began over the weekend, and this was concerning to him given he is so active. He states he participates in cardiovascular exercise daily, riding 5-10 miles on his bike and performs light weightlifting. He describes with activity that he feels "very winded," he explains this first occurred while carrying boxes up and down the stairs several times. All summary written at 10:45 AM Physical exam Copy General: Well-nourished, well-developed. In no acute distress. The patient ambulates into the office without difficulty with a broad-based gait with a slight limp favoring the right lower extremity. Alert and Ai summary written at 10:56 AM Family history Copy Jennifer's family history reveals that both of her parents have a history of heart disease. Her father was diagnosed with hypertension at the age of 40 and her mother was diagnosed with type 2 diabetes at the

Transfer to Dragon Medical One for clinician review, edit, and transfer to EHR

Repairemplacetic protocols and my and extended reference stations, as in grant 1 miles of the protocol of the

Once transferred, clinician signs off on final note in EHR

Problems

Lorem iosum dolo

Morbi vulputate

Morbi vulputate

Home medications

Roc lisinopril (lisinopril 20 mg oral tablet) 20 mg + 1 tot, Orol, Doily,

Hx: naproxen (naproxen 375 mg oral tablet) 375 mg = 1 tob.

Majesuarta

Chronic

Vital signs

Labs Im

None found

Significant

None found

Diagnostic

None found

MCIT Department of Health Informatics

III Dashboard

Allergies

Notes

& Labs

Test results

R Medications

Orders

Radiology

Past Medical History

Considerations

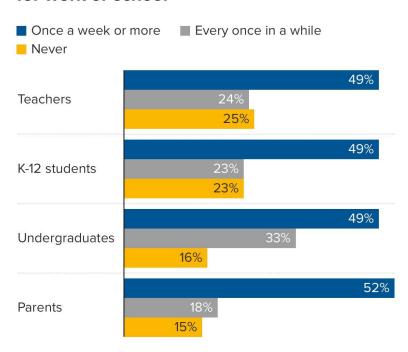
- Hallucinations: fabricated facts, values
- Lack of evidence: most studies have been on structured 'perfect' cases
- Accuracy: How do we define the best Al?
- Non-generalizable models: What works for one health system/specialty may not perform as well in others
- It's a first draft for now, but progress is happening very quickly



Generative AI in Medical Education



About half of teachers, students and parents are using Al chatbots at least once a week for work or school









AI % Correct of USMLE-Style Questions

Model	Organization	Release Year	Accuracy (%)
BioLinkBERT	-	2021	45.1
DRAGON	-	2022	47.5
BioMedLM	Stanford	2022	50.3
GPT-3.5 base	OpenAl	2022	60.2
Med-PaLM	Google	2022	67.2
GPT-4 base	OpenAl	2023	86.1
Med-PaLM 2	Google	2023	86.5
GPT-4 (Medprompt)	OpenAl	2023	90.2
Med-Gemini	Google	2024	91.1
o1-preview	OpenAl	2024	96.0

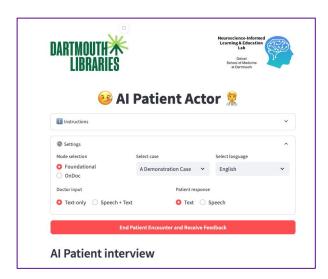


Medical Students and Residents are using ChatGPT to...

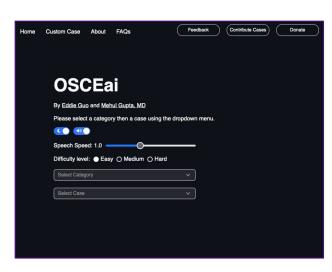
- Generate differential diagnoses and plans for PBL cases
- Be a virtual simulated patient by giving the AI OSCE cases
- Create USMLE questions and flashcards
- Draft clinical write ups, summarize the literature
- Inform clinical reasoning on challenging cases and CPCs



AI-Created OSCEs



https://ai.dartmouth.edu/patient-actor



https://oscegpt.com







https://chatgpt.com

AI-Graded OSCEs

Rubrics to Prompts: Assessing Medical Student Post-Encounter Notes with AI

Authors: Andrew R. Jamieson, Ph.D. , Michael J. Holcomb, M.S. , Thomas O. Dalton, M.D. , Krystle K. Campbell, D.H.A. , Sol Vedovato, M.S. , Ameer Hamza Shakur, Ph.D. , Shinyoung Kang, B.S. , David Hein, M.S. , Jack Lawson, B.S. , Gaudenz Danuser, Ph.D. , and Daniel J. Scott, M.D. , Author Info & Affiliations Published November 25, 2024 | NEJM AI 2024;1(12) | DOI: 10.1056/Alcs2400631 | YOL. 1 NO. 12

- Al grading system for medical student post-encounter OSCE notes
- Reduced human effort by an 91% and dramatically reduced turnaround time
- Zero-shot architecture with minimal prompt engineering, requires no prior training data
- 89.7% agreement with human expert graders
- Local small open-weight models (such as Llama, Mistral, etc.) can be fine-tuned to achieve similar performance

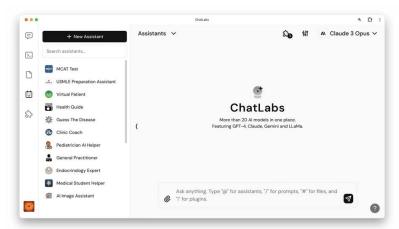


Al Tutors and Virtual Coaches

Best Al for Medical Students

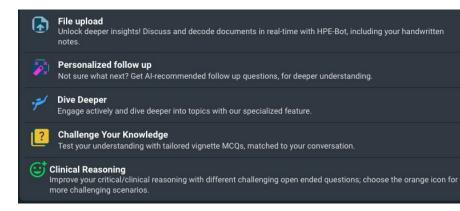
Your Al study helper with 30+ Al Models

Get the best Al for any task by using OpenAl, Claude, Gemini, Groq, Mistral, and more all in one place



https://writingmate.ai/medical





https://hpe-bot.com/

AI Tutors and Virtual Coaches

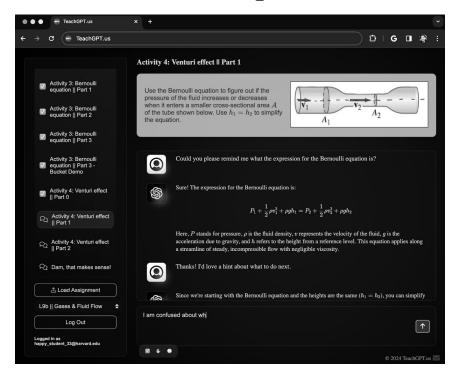
- Randomized controlled experiment in a large undergraduate physics course (N = 194) at Harvard
- "We have found that when students interact with our Al tutor, at home, on their own, they learn more than twice as much as when they engage with the same content during an actively taught science course, while spending less time on task.



Al Tutoring Outperforms Active Learning

Gregory Kestin*, Kelly Miller*, Anna Klales, Timothy Milbourne, and 1 more

nature portfolio



Al-Authored Medical Knowledge Assessments

 Great potential - unlimited student-specific questions and assessments

• Almost there:

- Decent at question stems, issues with choices and distractors
- "approximately 15% of the questions generated from the detailed prompt required some correction, primarily due to inaccuracies in content or faulty methodology."
- Still require human review and editing
- Human-authored questions are more discriminating of student performance

ChatGPT prompts for generating multiple-choice questions in medical education and evidence on their validity: a literature review

Yavuz Selim Kıyak 101, Emre Emekli2

Innovation Report

Large Language Models in Medical Education: Comparing ChatGPT- to Human-Generated Exam Questions

Matthias Carl Laupichler, MSc, Johanna Flora Rother, MSc, Ilona C. Grunwald Kadow, PhD, Seifollah Ahmadi, PhD, and Tobias Raupach, MD, MME



Example Use at NYU: Curriculum Mapping

Lecture Description



ChatGPT Prompt



Result

In this lecture, you will learn about the

mechanisms of liver injury and how that manifests in a variety of hepatic diseases. In addition to learning about the ways liver injury manifest, you will learn about the liver's amazing regenerative response and fibrosis that occurs with chronic injury. You will hear about the diseases that result in acute and chronic types of hepatocellular and cholestatic injury and learn the means to distinguish them. Perhaps most importantly, you will learn about drug-induced liver disease, which is quite common and potentially deadly. In all, this lecture will provide you an amazing framework for characterization of all manner of liver disease. Goal: Be able to describe the major histology of common types of hepatitis, identify the salient histological features of the etiology-specific hepatitis, and associate the histology with the clinical outcome.

"Map this lecture to USMLE Content Area keywords and to MeSH terms:"

USMLE Content Area Keywords:

- Liver injury mechanisms
- Hepatic diseases
- Liver regeneration
- Fibrosis
- Acute hepatocellular injury
- Chronic hepatocellular injury...

MeSH terms:

- Liver injuries
- Liver diseases
- Liver regeneration
- Liver cirrhosis
- Hepatitis...



Example Use at NYU: Student Goals

Create a

and adva -Weekly

-Become

Decon

-Read Co

Suggested ways to accomplish this goal:

- 1. Join NYU Grossman School of Medicine's academic clubs, interest groups or student chapters of professional associations related to physiatry. This will provide opportunities to expand your knowledge, participate in organized discussions, and attend seminars or conferences.
- 2. Set up a weekly schedule to review journal articles related to physiatry. Utilize resources such as the American Journal of Physical Medicine & Rehabilitation and Archives of Physical Medicine and Rehabilitation. Staying up-to-date on recent research findings will enhance your understanding of the field.
- 3. Read and analyze the Cuccurullo textbook, "Physical Medicine and Rehabilitation Board Review." Cover one chapter or section each week, taking notes and discussing key points with classmates or mentors to ensure a thorough understanding of the material.
- 4. Participate in clinical rotations or observe physiatrists at Family Health Centers affiliated with NYU Langone Hospital Brooklyn or other NYU-sponsored clinics. This hands-on experience will give you insight into the practice of physiatry while expanding your knowledge.
- 5. Attend physiatry-related webinars, conferences, and workshops offered by NYU Grossman School of Medicine, other medical schools, or professional associations. These opportunities will provide updates on the latest advances in the field, as well as the chance to network with professionals and fellow students with similar interests.

ChatGPT may produce inaccurate information about people, places, or facts

Save these suggestions as a note

Generate different suggestions

Rate this suggestion:



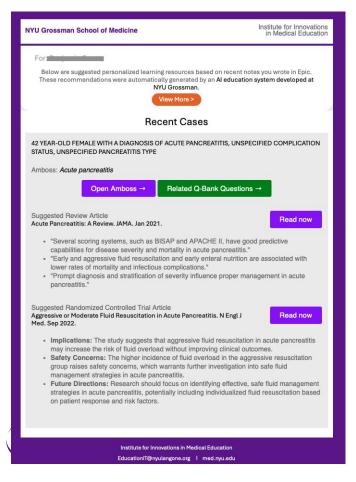


mentals

e this goal



Example Use at NYU: EHR Triggered Educational Nudges



DxMentor uses Epic Data to tailor suggested educational nudges for our medical students and residents

- Attribution determined by authorship of H&P or Progress notes
- Learners emailed each morning with
 Al-generated nudges for their new cases
 - Amboss
 - Podcasts
 - Diagnostic Frameworks
 - PubMed Articles
- Learners have access to all prior cases and recommendations (patient log).

Al innovation at NYU Langone

- Formed GenAl Advisory Workgroup
- Established 1st Academic Medical Center HIPAA/PHI GPT environment
- Elicited 100+ ideas for initial use cases; Launched
 10+ pilots in clinical, research and education
- Hosted world's 1st healthcare "Prompt-a-thon"
- Built NYUTron our own GenAl model





NYU Grossman School of Medicine + Al

- Al and Generative Al now a required part of our core curriculum
- Issued guidelines on safe and responsible use of Al for our students and residents
- Host prompt-a-thons with hands-on Al skills training
 - https://navigator.med.nyu.edu/pat/
- Al electives
- Launched a new Masters program in Health Care Al for students, residents, and faculty





What's Next?



Unique Challenges of GenAl: Power

Microsoft wants Three Mile Island to fuel its Al power needs



/ Microsoft has signed a 20-year deal to exclusively access 835 megawatts of energy from a nuclear plant.

By Tom Warren, a senior editor and author of Notepad, who has been covering all things Microsoft, PC, and tech for over 20 years.

Sep 20, 2024, 8:23 AM EE



65 Comments (65 New)

HOME > NEWS > THE ENERGY & SUSTAINABILITY CHANNEL

AWS hiring for data center 'principal nuclear engineer' to evaluate SMRs and nuclear fuel strategy roadmaps

After the blockbuster deal to build campus next to a traditional nuclear power plant

- Al is estimated to consume 4% of global electricity by 2026, equivalent to the entire country of Japan
- Tech companies are spending > \$20 billion to explore nuclear power for AI data centers



MICROSOFT / TECH / SCIENCE

Turbulent, Existentially Difficult, but Ultimately Better for Patients

- Humans judgement and decision-making is influenced by myriad cognitive biases, limited by working memory. The data available on patients is vast and far exceeds the capacity of even the best physicians to use it to make precision medicine decisions. It's hubris to think we can practice in the same way.
- Al is less susceptible to common factors that lead doctors to make diagnostic errors: fatigue, lack of time and cognitive bandwidth when treating many patients, gaps of knowledge and reliance on mental shortcuts.
- Al is not perfect, but can be improved quickly and widely. Fixing biases or insufficient underlying data is "easy" in Al and difficult to impossible in humans.
- What it means to be a physician will change, for some dramatically.



Medical Education and Al

- Your students and trainees are and will use these tools
- Al tools are ubiquitous so much so that people do not realize they are using them
- Al-generated text is indistinguishable and not detectable
- Create a policy for responsible use
- Provide a safe AI space and encourage experimentation
- Be transparent about how you are using AI and with which learner data
- Be growth-minded Al can solve many age-old problems and unlocks incredible new possibilities.



Emerging Questions For Medical Education

- How do we train students for a future that will include Al agents and even autonomous Al?
- How do we tackle the risk of 'never-skilling' or 'de-skilling' when AI does the work?
- Changing scope of practice
- What happens when the AI is consistently better than humans at certain tasks?
- Etiquette when is it appropriate to use these tools?



How to Stay Current on Al

- My email: <u>marc.triola@nyulangone.org</u>
- Al Breakfast Newsletter: https://aibreakfast.beehiiv.com/
- Ground Truths from Dr. Eric Topol: https://erictopol.substack.com/
- NEJM AI: https://ai.nejm.org/
- High yield X/Twitter users to follow:
 - https://twitter.com/emollick
 - https://twitter.com/EricTopol
 - https://twitter.com/nejm_ai
 - https://twitter.com/AdamRodmanMD
 - https://twitter.com/ylecun



