About Graduate Medical Education

**We’re growing…….**

April was an exciting month. We received notification that our two new fellowship programs, *Gastroenterology* and *Neonatal-Perinatal Medicine*, received accreditation. Both programs are three years in length. GI will begin immediately to enroll three F1 fellows for the 2021-2022 academic year. They have a total complement of nine (three fellows at each level of training). Perinatal/Neonatology will enroll their first fellow next academic year, have one fellow per each level of training for a total complement of three. They join the following programs at Marshall.

**Residencies** - Family Medicine, Internal Medicine, Med/Peds, Neurology, OB/GYN, Orthopaedics, Pediatrics, Psychiatry, Surgery and Dental

**Fellowships** - Addiction Medicine, Cardiology, Child & Adol. Psychiatry, Endocrinology, Hematology/Oncology, Interventional Cardiology, Nephrology, Pediatric Hospital Medicine, Pulmonary/Critical Care, Sports Medicine, Geriatric Medicine and Geriatric Psychiatry.

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**2021 AOA Inductees**

Dr. Leesah Al-Qawasmi  
Dr. Ahmad Mahdi  
Dr. Mohamed Suliman

**2021 GHHS Inductees**

Dr. Ally Bias  
Dr. Jordan Needens  
Dr. Michelle Worthy  
Dr. Mahmoud Masoudi

2021 Virtual PS/QI Summit

**May 24-28, 2021**

Winners announced June 4, 2021

**Award Categories**

- CMO’s Outstanding Interdisciplinary Team Project
- Vice Dean’s Award Best Integrated/Sustainable QI Project
- Outstanding QI Project
- Outstanding Patient Safety Award

Franklin D. Shuler, MD, Program Award for the most PS/QI posters submitted

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If you would like to share any information, recently published articles or abstracts in this newsletter, please email them to Cindy Dailey in GME Office (daileyc@marshall.edu).

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Congratulations to the residents, fellows, and program directors for their grace and perseverance during the pandemic.

Thank you to our program administrators for continuing to be the “glue” during the pandemic and always.

One is easily lost in interviews, milestones, remediations, precepting, faculty mentorship, and evaluations, because quite frankly graduate medical education is HARD. As we look forward to a new year, let’s remember why we do what we do. Molding careers, developing competence, and watching a physician develop is really the best job in the world.

A few practical ideas.

- Please update ADS regularly. Go ahead and add publications or CV changes for your faculty and the annual update will be much easier. Remember, the Annual Update is equivalent to a site visit so make sure the data entry is reviewed and accurate.
- Remember to get your final evaluations completed and use appropriate language in the final statement (autonomous).
- Training permit renewals are now available on the Board of Medicine Website and due June 30 at 4:30 pm.

Thanks for all you do.

Dr. Paulette Wehner

About Sponsoring Institutions

Every ACGME-accredited residency or fellowship program must be overseen and supported by an ACGME-accredited Sponsoring Institution. In order to receive and maintain institutional accreditation, Sponsoring Institutions must substantially comply with ACGME Institutional Requirements. Each Sponsoring Institution must identify a Designated Institutional Official (DIO) who has the authority and responsibility for oversight and administration of its programs. The ACGME’s Institutional Review Committee (IRC) assesses Sponsoring Institutions’ substantial compliance with ACGME standards through periodic accreditation reviews.

Dr. Joseph Shapiro, Dean of the Marshall University Joan C. Edwards School of Medicine, appointed Dr. Paulette Wehner as the Designated Institutional Official (DIO) of our institution on July 1, 2014.

Prior to this appointment, Dr. Wehner served as the Cardiology Fellowship Training Program Director.

Other GME Staff

Cindy Dailey, Director
Jo Ann Raines, Special Projects
Beth Ann Howard, Administrative Asst.
Lisa Milstead, PS/QI Manager
Jason Scott, IT

From the desk of Dr. Kara Willenburg, Chief of Infectious Diseases

Please be advised that regulations for PPE protocol remain as follows:

- Eye protection is required for all patient encounters;
- An N95 mask should be worn for all patient encounters with an aerosol-generating procedure or airborne isolation; and
- Medical grade surgical/droplet mask should be worn for all other patient encounters and when in a group setting for non-patient encounters.

These protocols remain in place regardless of your vaccination status. More information is available at https://intranet.marshallhealth.org/coronavirus-preparedness/.

We have made tremendous progress in vaccinating employees and our community—in large part, thanks to you! However, we must continue to remain diligent in our PPE wear, masking and handwashing, especially in the clinic setting.
Mission Statement

The mission of Graduate Medical Education at Marshall University School of Medicine is to oversee high quality accredited training programs that produce professional and competent physicians to engage in autonomous practice, communicate effectively and are prepared to adapt to the future evolution in healthcare upon completion of the program. We encourage graduate retention with the educational focus on the unique patient population in the Appalachian region. The Sponsoring Institution promotes professional development in teaching, lifelong learning, and well-being throughout the entire graduate medical education community. To support our mission, we cultivate a diverse and inclusive academic and clinical learning environment.

Program

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<tr>
<th>Program</th>
<th>Chiefs</th>
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<tbody>
<tr>
<td>Family Medicine</td>
<td>John Apgar, DO</td>
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<td>Internal Medicine</td>
<td>Ahmad Mahdi, DO</td>
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<td>Med/Peds</td>
<td>Zachary Higginbotham, MD</td>
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<td>Neurology</td>
<td>Salman Assad, MD</td>
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<td>OB/GYN</td>
<td>Katherine Addicott, MD</td>
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<td>Orthopaedics</td>
<td>Galen Berdis, MD</td>
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<td>Pediatrics</td>
<td>Chaz Arnold, DO</td>
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<td>Psychiatry</td>
<td>Oluwadamilare Ajayi, MD</td>
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<td>Surgery</td>
<td>Jordyn Thiel DO</td>
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<td>Ruth Gerola, MD</td>
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<td>Andrew Weaver, MD</td>
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2021-2022 Chief Residents

Diversity & Inclusion

We view diversity as a strength and are committed to creating a training experience to improve care and reduce inequities in the communities we serve. We work closely with the Office of Diversity & Inclusion to recruit, educate, and retain a diverse physician workforce to care for all patient populations.
Thoughts about Well-being...

There are so many facets that encompass wellness and well-being - so much has been written and studied – but not much changes.

One of the hallmarks of physician wellness is autonomy. The lack of this often leads to job dissatisfaction and leads to burnout.

Being a resident or employed physician sometimes seems in opposition to the idea of independence. However, autonomy also applies to the control of ourselves as well. That includes our control over our level of healthy habits, exercise, sleep, and even just knowing ourselves – what we enjoy about our work and life and what contributes most to our dissatisfaction or joy.

I often advise patients that a small change maintained over a long period of time is much healthier in the long run – and much more likely to last! Changing everything at once is impossible. I think this is also true with regard to our well-being.

Let’s ask – what’s the hardest thing about practicing medicine for me? What hurts the most? Once we figure out what it is – change some small aspect of it that is within our control. The changes may be very simple – but small things can have meaningful impact.

Tammy Bannister, MD - Chair, GMEC Wellness Committee

Well-Being Resources

Trainee Assistance Program (TAP)
The Department of Mental Health Counseling at St. Mary’s Medical Center has teamed with our GME department to provide mental health services to residents, fellows and their immediate families in the Joan C. Edwards School of Medicine program.

Scope of Services. The TAP provides services to Trainees and their immediate family members. “Immediate Family Members” are spouse and dependent children living at home. The TAP accepts both supervisory referrals and self referrals. Personal concerns which may be addressed through the TAP include, but not limited to:

- Job stress/conflict in the workplace
- Health
- Marital
- Family
- Financial
- Substance Abuse
- Legal
- Emotional

For additional information or to schedule a session please call 304-526-1357

Rec Center enrollment is required every year and begins on July 1 until September 30. Enrollment forms will be emailed to you as well as available in the Resident Wellness Center lounge and should be emailed to Beth Ann Howard. You will need to include your 901 number on the form which will be provided by your Program Administrator. The fees are paid by the Office of GME for our residents and fellows only. Should you wish to enroll any of your family members, you would need to make those arrangements and payment directly with the Rec Center. Their fees are not paid by the Office of GME.