

## **Fatigue Mitigation**

Programs must educate all faculty members and Residents and Fellows to recognize the signs of fatigue and sleep deprivation; educate all faculty members and Residents and Fellows in alertness management and fatigue mitigation processes; and, adopt fatigue mitigation processes to manage the potential negative effects of fatigue on patient care and learning, such as naps or back-up call schedules. (CPR VI.C.).

All JCESOM GME Residents and Fellows are required to complete an online module on Fatigue and Sleep Deprivation via the Medicine, which will fulfill the training requirement for house staff. Programs may provide additional training to house staff, and must identify proper training methods for their faculty.

**If a Resident/Fellow is too fatigued to drive home safely, the Office of Graduate Medical Education will provide a taxi voucher. The voucher is for a resident or fellow who feels too tired to drive home safely after a long work shift.**

**Location of voucher- Contact the Hospital Nursing Supervisors for a voucher.**