WHY IS THIS FORUM IMPORTANT?

Career success depends on skills not covered in training, and clinical and scientific excellence does not necessarily guarantee career satisfaction. Further, women continue to face extra challenges in career-building.

This forum offers numerous opportunities to gain insight into what it means to keep growing in the face of constant new challenges and constraints. By combining many kinds of small group exercises, interspersed with brief plenary presentations, participants will practice necessary but seldom addressed skills, and work on building relationships across silos and hierarchies.
Wednesday, May 16, 2012

Noon
Welcome and Introductions
Darshana Shah, Ph.D.
Lunch

1:00 p.m. – 4:30 p.m.
The Care and Feeding of Your Career: Making Great Use of Your Time, Energy, and Strengths
Janet Bickel, M.A.

Many academic health center faculty lack the preparation needed to take responsibility for their continuing career development. How can you keep growing in ways most aligned with your values and strengths? How can you align your commitments with what is most important to you while also meeting your responsibilities to your institution and colleagues?

Objectives:
This highly interactive session will enhance your abilities to:
• appreciate and work using your strengths
• articulate what success means to you right now
• identify and manage tensions between your preferences and organizational realities
• summarize effectively your accomplishments and goals
• build personal and professional resilience
• apply insights into gender-related differences in careerbuilding
• focus on what’s most important to you while also meeting other responsibilities

Thursday, May 17, 2012

8:30 a.m. – 9:30 a.m.
Creating Personal Wellness in a Conflicted World
Gary Patton, Ph.D.

Objectives:
This session will enable you to:
• define components of personal wellness
• identify specific types and sources of conflict in life
• describe cognitive processes beneficial in resolving conflict

9:45 a.m. – 10:30 a.m.
Meetings Become Electric: How to Organize and Run an Effective Meeting
Shirley Neitch, M.D., FACP

Objectives:
This session will improve your professional success by enabling you to:
• organize and facilitate high quality meetings
• recognize the importance of face-to-face meetings in professional settings
• identify the components of an effective meeting
• illustrate positive and negative behaviors in meetings
• consider strategies for measuring meeting effectiveness

10:30 a.m. – 11:30 a.m.
A Career Path: Attempting to Make the Right Turns
Paulette Wehner, M.D.
The attendees will identify with some of the obstacles presented and make the “correct turns,” leaving with an understanding of the need for flexibility and accepting challenges gracefully.

Objectives:
This session will help you:
• provide insight into career adjustment and adaptation
• provide at least two skills to adapt as life situations change
• encourage mentorship and how to seek out help

11:30 a.m. – 12:30 p.m.
What Happens When Difficult Issues Arise in Important Relationships Making the “Undiscussable” – Discussable
Janet Bickel, M.A. and Darshana Shah, Ph.D.

Objectives:
This interactive session is designed to help you:
• heighten awareness of the common differences that result in miscommunication
• build your interpersonal communication skills
• give you practice discussing an important difficult issue

FACULTY
Janet Bickel, M.A.
Career and Leadership Development Coach
Adjunct Assistant Professor of Medical Education
George Washington University School of Medicine

Gary Patton, Ph.D.
Associate Professor and Director of Mission Integration
St. Mary's Medical Center

Shirley Neitch, M.D., FACP
Professor, Chief Section of Geriatrics
Marshall University Joan C. Edwards School of Medicine

Darshana Shah, Ph.D.
Professor, Associate Dean Faculty Affairs and Professional Development
Marshall University Joan C. Edwards School of Medicine

Paulette Wehner, M.D.
Professor, Senior Associate Dean, Graduate Medical Education
Marshall University, Joan C. Edwards School of Medicine

Planning Committee
Darshana Shah, Ph.D.
Shirley Neitch, M.D.
Elaine Hardman, Ph.D.
Maria Tirona, M.D.
Paulette Wehner, M.D.

Student Representatives
Shawndra Thompson
Majd Sweiss, American Medical Women's Association
Miranda Carper, Graduate Students Association