WHY IS THIS FORUM IMPORTANT?

Career success depends on skills not covered in training, and clinical and scientific excellence does not necessarily guarantee career satisfaction. Further, women continue to face extra challenges in career-building.

This forum offers numerous opportunities to gain insight into what it means to keep growing in the face of constant new challenges and constraints. By combining many kinds of small group exercises, interspersed with brief plenary presentations, participants will practice necessary but seldom addressed skills, and work on building relationships across silos and hierarchies.



Sponsored by: **Faculty Affairs & Professional Development** Marshall University Joan C. Edwards School of Medicine **1600 Medical Center Drive** Huntington, West Virginia 25701 Office (304) 691-8638

WOMEN IN MEDICINE AND SCIENCE Leadership Forum: Inspire, Engage, Learn, and Lead

MAY 16 - MAY 17, 2012 **Marshall University Medical Center Harless Auditorium**

PRESENTERS AND SCHEDULE OF EVENTS

Marshall Medical Center Harless Auditorium

Wednesday, May 16, 2012

Noon Welcome and Introductions Darshana Shah, Ph.D.

Lunch

1:00 p.m. – 4:30 p.m. The Care and Feeding of Your Career: Making Great Use of Your Time, Energy, and Strengths Janet Bickel, M.A.

Many academic health center faculty lack the preparation needed to take responsibility for their continuing career development. How can you keep growing in ways most aligned with your values and strengths? How can you align your commitments with what is most important to you while also meeting your responsibilities to your institution and colleagues?

Objectives:

This highly interactive session will enhance your abilities to:

- appreciate and work using your strengths
- articulate what success means to you right now
- identify and manage tensions between your preferences and organizational realities
- summarize effectively your accomplishments and goals
- build personal and professional resilience
- apply insights into gender-related differences in careerbuilding
- · improve your relationship-centered communication skills
- focus on what's most important to you while also meeting other responsibilities

Thursday, May 17, 2012

Creating Personal Wellness in a Conflicted World 8:30 a.m. – 9:30 a.m. Gary Patton, Ph.D.

Objectives:

This session will enable you to:

- · define components of personal wellness
- · identify specific types and sources of conflict in life
- describe cognitive processes beneficial in resolving conflict

Thursday, May 17, 2012 (Continued)

9:45 a.m. – 10:30 a.m. Meetings Become Electric: How to Organize and Run an Effective Meeting Shirley Neitch, M.D., FACP

Objectives:

This session will improve your professional success by enabling you to:

- organize and facilitate high quality meetings
- recognize the importance of face-to-face meetings in professional settings
- identify the components of an effective meeting
- illustrate positive and negative behaviors in meetings
- consider strategies for measuring meeting effectiveness

10:30 a.m. – 11:30 a.m. A Career Path: Attempting to Make the Right Turns Paulette Wehner, M.D.

The attendees will identify with some of the obstacles presented and make the "correct turns," leaving with an understanding of the need for flexibility and accepting challenges gracefully.

Objectives:

This session will help you:

- provide insight into career adjustment and adaptation
- provide at least two skills to adapt as life situations change
- encourage mentorship and how to seek out help

11:30 a.m. – 12:30 p.m. What Happens When Difficult Issues Arise in Important Relationships Making the "Undiscussable" – Discussable Janet Bickel, M.A. and Darshana Shah, Ph.D.

Objectives:

This interactive session is designed to help you:

- heighten awareness of the common differences that result in miscommunication
- build your interpersonal communication skills
- give you practice discussing an important difficult issue

Shirley Neitch, M.D. FACP Professor, Chief Section of Geriatrics Marshall University Joan C. Edwards School of Medicine

Professor, Associate Dean Faculty Affairs and Professional Development Marshall University Joan C. Edwards School of Medicine

Professor, Senior Associate Dean, Graduate Medical Education Marshall University, Joan C. Edwards School of Medicine

Shawndra Thompson Majd Sweiss, American Medical Women's Association Miranda Carper, Graduate Students Association



FACULTY

Janet Bickel, M.A. Career and Leadership Development Coach Adjunct Assistant Professor of Medical Education George Washington University School of Medicine

Gary Patton, Ph.D.

Associate Professor and Director of Mission Integration St. Mary's Medical Center

Darshana Shah, Ph.D.

Paulette Wehner, M.D.

Planning Committee

Darshana Shah, Ph.D. Shirley Neitch, M.D. Elaine Hardman, Ph.D. Maria Tirona, M.D. Paulette Wehner, M.D.

Student Representatives