

GME Newsletter



Marshall University Joan C. Edwards School of Medicine

7/1/2021 Volume 1, Issue 2

Message from the DIO

Welcome new residents and fellows!

July has arrived and we once again welcome all the new residents and fellows to Graduate Medical Education at Marshall University.

We are excited to support you through this journey.

A few things to remember:

Your Program Director and Program Managers are your first line of support. Value them as they help you become physicians, guides you along the way, and includes after training when job verifications are needed for credentialing.

Someone is always around to speak with and assist you. The first couple months are difficult, do not become isolated- always reach out.

Take advantage of the REC CENTER enrollment-what a great facility.

We love your input on various committees, please serve if requested.

Come and visit the Wellness Center-call rooms, lounge, exercise room, computer lab, lockers, IT support, TV, and on call parking.

Remember, in addition to the Wellness Center, the canteen in CHH and physician lounge at SMMC are stocked with drinks and snacks, and we are expanding the options at the VAMC.

Watch DOC HALO, we will be having a wellness lunch very soon.

Be safe!

Dr. Paulette Wehner

What are health and health care disparities?

The CDC identifies **health disparities** as, “preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations.” A particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage” and notes that disparities, “adversely affect groups of people who have systematically experienced greater obstacles to health based on their racial or ethnic group; religion; socio-economic status; gender; age; mental health; cognitive, sensory, or physical disability; sexual orientation or gender identity; geographic location; or other characteristics historically linked to discrimination or exclusion.”

A **health care disparity** typically refers to differences between groups in health insurance coverage, access to and use of care, and quality of care. The terms “health inequality” and “inequity” also are used to refer to disparities.



If you would like to share any information, recently published articles or abstracts in this newsletter, please email them to Cindy Dailey in GME Office (daileyc@marshall.edu).

Important Dates

- July-September – ACGME ADS Annual Update
- July-September—Rec Center Enrollment
- August—Mandatory—Annual Risk Management Online Session
- Tuesday, September 14, 5 pm - State of GME Address, presented by Dr. Wehner.
- September-February — Recruitment Season

MUJCESOM has received a **\$750,000 grant** from the U.S. Department of Health and Human Services' Health Resources & Services Administration (HRSA) to support the planning and development of West Virginia's first **rural surgery residency program**. The grant, which will be administered through the **Marshall Community Health Consortium**, is one of only nine grants awarded as part of the HRSA Rural Residency Planning and Development Program to help address physician workforce shortages in rural communities. This is the first time these funds have been awarded to plan a rural surgery residency program.

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2021 Virtual PS/QI Summit Winners

CMO's Outstanding Interdisciplinary Team Project (Tie)

Leading Indicators for Development of Pediatric Hospice and Palliative Care Team

Erin Waddell, MD; Michelle Worthy, MD; Aaron Whiteman, MD; Adam Young, MD; Shannon Runnels, APRN; Jessica Haasb, ABA, RN, MSN; Melanie Akers, NEA-BC; Jesse Cottrell, MD, FACOG; Scott Mitchell, MD; Marie Frazier, MD, MSFS; Bobby Miller, MD; Joseph Werthammer, MD, FAAP; Balaji Govindaswami, MD, MPH—Med/Peds, OB/GYN, Pediatrics Programs

Improving Safe Sleep Practices and Education Across a Multi-Disciplinary Children's Hospital and Academic Institution to Improve Unsafe Sleep Conditions at Discharge from Inpatient Stay to Prevent SIDS in Neonates < 12 months

Jessica Haas, RN, MSN, C-ONQS, NICU, Emily Tufts, RN, MSN, NICU, Ginny Maynard, RN IBCLC NICU, Lori Blackburn, RN BSN, NICU, Talisha Franklin, RN, MSN, NTU, Michelle Wooten, BSN, CPN Peds ; Michele McMaster, RN, BSN, CCRN PICU/PEDS, Brian Mankin, RN, BSN PICU, Emily Stacy, RN, MSN, LDR/NBN, Laura Florence, RN-RNC, LDR, Johnda Ray, RN, BSN NBN, Andrea Lauffer, MD, Patricia Tran, MD, Deborah Preston, BS-CCRC - Cabell Huntington Hospital

Vice Dean's Award Best Integrated/Sustainable QI Project

Improving Resident Experience During the Pediatric Intensive Care Unit Rotation

Michelle Worthy, MD; Krista Putty, MD; Troy Wallace, MD, Lauren Tufts, MD, Marie Frazier, MD; Susan Flesher, MD—Med/Peds, Pediatrics Programs

Outstanding QI Project

Improving Colorectal Cancer Screening Rates for Patients of Provider Based Clinics: A Multidisciplinary Quality Improvement Project

Hannah Leport, MS IV; Andrew Brown, DO; Tammy Bannister, MD; Amy Pack, RN; Bill Rollyson, MD; Adam Franks, MD— Family Medicine

Outstanding Patient Safety Award—Resident

Implementation of Novel Perioperative Protocol for Reduction of Surgical Site Infections

Jordan Needens, MD; Emily Sloane, MD; Sydney Smith-Graham, MS; Tori Leader, Nadim Bou Zgheib, MD

Outstanding Patient Safety Award—Cabell Huntington Hospital

Using Evidence-Based Practice & Technology to Reduce the Likelihood of Harm Related to Maternal Severe Hypertension/Pre-eclampsia

Emily Stacy, RN; Johnda Ray, RN; Laura Florence, RN; Amanda Pauley, MD; Jennifer Brumfield, RN; Denise Gabel-Comeau

Outstanding Patient Safety Award—St. Mary's Medical Center

Evaluation of the cost-effectiveness of a 62% alcohol antiseptic nasal decolonization protocol

Meaghan Gosciak, PharmD; Morgan Bridwell, PharmD; Raice Stevens, PharmD; Tyler B. Clay, PharmD, BCPS

Franklin D. Shuler, MD, Program Award for the most PS/QI posters submitted

FAMILY MEDICINE



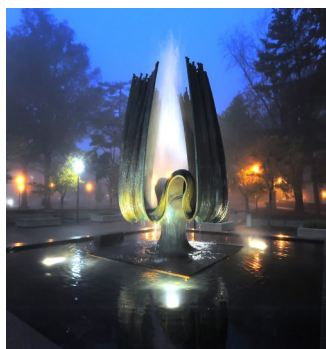
**HEALTH & SAFETY
MATTERS**



**WE ARE...
MARSHALL.**

Mission Statement

The mission of Graduate Medical Education at Marshall University School of Medicine is to oversee high quality accredited training programs that produce professional and competent physicians to engage in autonomous practice, communicate effectively and are prepared to adapt to the future evolution in healthcare upon completion of the program. We encourage graduate retention with the educational focus on the unique patient population in the Appalachian region. The Sponsoring Institution promotes professional development in teaching, life-long learning, and well-being throughout the entire graduate medical education community. To support our mission, we cultivate a diverse and inclusive academic and clinical learning environment.



2021-2022 Fellow Leaders/Chiefs

Program	Fellow Name
Cardiology	Hisham Hirzallah, MD
Interventional Cardiology	Kelechukwu Okoro, MD
Interventional Cardiology	Daniel Vilchez, MD
Hematology/Oncology	Noman Khan, MD
Pulmonary/Critical Care	Rami Batarseh, MD
Pulmonary/Critical Care	Melinda Becker, MD
Sports Medicine	Andrew Brown, DO
Child & Adolescent Medicine	Erika Maynard, MD
Peds Hospital Medicine	Jessica Ford-Davis, DO
Peds Hospital Medicine	Patricia Tran, MD

Frequently Used Phone Numbers

Name	Contact Person	Phone Number
Security	CHH	304-526-2223
SOM Help Desk	IT Main Number	304-691-1748
IT	Jason Scott	304-691-6707
TAP	Melissa Long	304-526-1357
Payroll	Anita Perry	304-691-1640
Benefits	Missy Staten	304-691-6741
Rec Center	Main Number	304-696-4721
GME - TPL, Admin.Asst	Beth Ann Howard	304-691-1824
GME - PS/QI, Datix	Lisa Milstead	304-691-6385
GME - IRB, Grants	Jo Ann Raines	304-691-1823
GME, Accreditation	Cindy Dailey	304-691-1817
GME, Vice Dean, DIO	Dr. Paulette Wehner	304-691-1817
Shuttle	CHH	304-544-7433
Housekeeping	CHH	304-634-3544
Employee Health, MH	Georgetta Ellis	304-691-1100
Asso. Dean, Diversity	Dr. Shelvy Campbell	304-691-1607

Diversity & Inclusion

We view diversity as a strength and are committed to creating a training experience to improve care and reduce inequities in the communities we serve. We work closely with the Office of Diversity & Inclusion to recruit, educate, and retain a diverse physician workforce to care for all patient populations.



MARSHALL UNIVERSITY
Joan C. Edwards School of Medicine

The ABC's for Success in Residency & Fellowship Training

Interpersonal and Communication Skills

Be nice to everyone and remember, it's a small world!!!!

In addition to faculty, establish and maintain a good rapport with hospital personnel and staff in your department – patient service reps, ward clerks, nurses, lab personnel, radiology, etc. All are an important resource in your training.

Be honest and forthcoming, cultivate a good working relationship with your program coordinator. This is essential during your training and beyond. If there is a problem, speak with your program coordinator about it.

Social media....Be careful with your posts, pictures and friend requests. It can pose a problem for you professionally, with your program and with your hospital status. Rule to live by: If you don't want your post to appear in a local or national newspaper, do not post it!

Communicate clearly with your patients.

Introduce yourself and state your position with the team.

Listen, don't interrupt your patient.

Use English language when you are on duty.

Professionalism

Adhere to the dress policy.

Appropriate attire – please refer to your program or the institutional policy.

<https://icesom.marshall.edu/media/52379/dress-code.pdf>

Good personal hygiene and use of deodorant. Be careful with strong scents.

Always wear a clean lab coat - launder and iron your lab coat on a regular basis. Have ID badges visible at all times.

After you read your mail, take it with you or discard what you don't want or need in a trash bin. Shredding is also available as well as shred boxes for any paper documents that contains patient information.

Please pick up after yourself after conference and lectures as well as in the canteen and resident wellness center

Please respond to DocHalo messages promptly as well as pages if you carry a pager.

Keep your medical records, tasks, procedure logs and duty hours up-to-date.

Don't ignore medical students – teach them!

Complete your consults and don't leave for the next team.

Time management is crucial.

Be punctual. If you are delayed, let someone know.

Meal Ticket Money @ Cabell Huntington Hospital (CHH) Is based upon your program and the amount of call you have each month @CHH over a six-month period—NOT THE SERVICE YOU ARE ON AT CHH.

The amount of money put on your green ID Badge is loaded twice a year July & January and runs July-December and January-June.

If you want to know your balance, please ask to have a receipt printed.

The card can be used in the Coffee Shop as well; however, gift cards and buying in bulk are prohibited.

Please be courteous and sensitive to the cafeteria workers when making any special food requests.

Please pace your purchases throughout the year (i.e. do not use it all in one month). Regular visits to the Coffee Shop add up quickly.

Those who do rotations at **St. Mary's** will receive individual *paper* meal tickets which are provided to the administrator each month for those who are on call.

Please visit the Canteen on the ground floor of CHH near the Credit Union for coffee, drinks, sandwiches, snacks and other items when you are on call and during times when the cafeteria is not open. Also available is the Resident Wellness Lounge that has additional offerings.

If you have any problems or issues, please let your program administrator know so they can report it to the GME Office if applicable.

Five areas of Wellbeing...

1. **CONNECT** with other people
2. **BE** physically **ACTIVE**
3. **KEEP LEARNING** new skills
4. **GIVE** to others
5. **TAKE NOTICE** to the present moment



Five ways to wellbeing

WELLNESS STRATEGIES

- *Hang blackout curtains in your bedroom and use a white noise machine to improve the quality of your sleep.*
- *Replace one sugary drink (soda, juice, etc.) each day with a tall glass of water.*

Well-Being Resources



NOW ENROLLING—Rec Center enrollment is required every year and begins on **July 1 until September 30**. Enrollment forms will be emailed to you as well as available in the Resident Wellness Center lounge and should be emailed to Beth Ann Howard. You will need to include your 901 number on the form which will be provided by your Program Administrator. The fees are paid by the Office of GME for our residents and fellows only. Should you wish to enroll any of your family members, you would need to make those arrangements and payment directly with the Rec Center. Their fees are not paid by the Office of GME.

Trainee Assistance Program (TAP)

The Department of Mental Health Counseling at St. Mary's Medical Center has teamed with our GME department to provide mental health services to residents, fellows and their immediate families in the Joan C. Edwards School of Medicine programs. The TAP provides services to Trainees and their immediate family members. "Immediate Family Members" are spouse and dependent children living at home. The TAP accepts both supervisory referrals and self referrals. Personal concerns which may be addressed through the TAP include, but not limited to:

Job stress/conflict in the work place
Health
Family
Substance Abuse
Emotional
Marital
Financial
Legal

For additional information or to schedule a session please call 304-526-1357

GET INSPIRED! New wellness program now available for faculty, residents and fellows



Join INSPIRE WELLNESS, the new personalized wellness experience for School of Medicine faculty, residents and fellows. **REGISTER NOW** and start building your profile based on your unique interests and health needs.

Be sure to download the "Wellness At Your Side" app from the Apple App Store or Google Play Store!

<https://www.webmdhealth.com/WebMDONE/default.aspx?tlid=53741&spid=53741>